

INTRO TO DANIELS COMBATIVE ARTS

INSTRUCTED BY TOMMY DANIELS



WITH OVER 20 YEARS OF EXPERIENCE IN VARIOUS MARTIAL ARTS INCLUDING KALI/ARNIS, BJJ, KICKBOXING, JKD AND KRAV MAGA. TOMMY HAS CREATED A PRACTICAL BLEND OF MARTIAL ARTS SUITED FOR ALL AGES. HE HAS TAUGHT KIDS/ADULTS IN MULTIPLE GYMS ACROSS THE COUNTRY.

5TH DEGREE BLACK BELT IN MODERN
ARNIS / KALI
BJJ BLUE BELT
PROFESSIONAL STUNTMAN +10 YEARS

\$10

PER STUDENT

WHERE: VERTICAL VIEW

**1334 E BIRD DOG DR.
MERIDIAN, ID 83642**

PLEASE WEAR ACTIVE SHORTS AND A PLAIN SHIRT. ALL ATTENDEES AND SPECTATORS ARE REQUIRED TO SIGN A WAIVER BEFORE CLASS ONLINE @VERTICALVIEW.COM OR IN-PERSON UPON ARRIVAL.

TWO CLASSES AVAILABLE JUNE 3RD 2024

- **KIDS KICKBOXING AND MODERN MARTIAL ARTS (45MIN) - AGES 8-12**
 - 4-4:45PM
 - A FUN BLEND OF KICKBOXING AND PRACTICAL SELF DEFENSE TECHNIQUES. INCLUDING COORDINATION AND BALANCE EXERCISES.
- **ADULT BEGINNER KALI/MODERN ARNIS (45MIN) - AGES 16+**
 - 5-5:45PM
 - A FOCUS ON KALI/ ARNIS, A FILIPINO MARTIAL ART THAT USES DOUBLE AND SINGLE STICKS AS SELF DEFENSE. HELPS WITH HAND EYE COORDINATION AND FITNESS.

VISIT [DANIELSCOMBATIVEARTS.COM](https://danielscombativearts.com) TO LEARN MORE
[DANIELSCOMBATIVE@GMAIL.COM](mailto:danielscombative@gmail.com)
FOLLOW ME ON INSTAGRAM! @TOMMY_DANIELS_STUNTS

