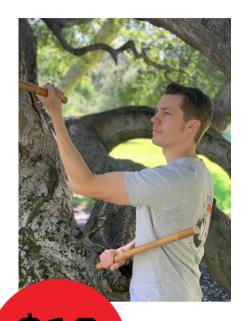
INTRO TO DANIELS COMBATIVE ARTS

INSTRUCTED BY TOMMY DANIELS



WITH OVER 20 YEARS OF EXPERIENCE IN VARIOUS MARTIAL ARTS INCLUDING KALI/ARNIS, BJJ, KICKBOXING, JKD AND KRAV MAGA. TOMMY HAS CREATED A PRACTICAL BLEND OF MARTIAL ARTS SUITED FOR ALL AGES. HE HAS TAUGHT KIDS/ADULTS IN MULTIPLE GYMS ACROSS THE COUNTRY.

5TH DEGREE BLACK BELT IN MODERN ARNIS / KALI BJJ BLUE BELT PROFESSIONAL STUNTMAN +10 YEARS

WHERE: VERTICAL VIEW

1334 E BIRD DOG DR. MERIDIAN, ID 83642

PLEASE WEAR ACTIVE SHORTS AND A PLAN SHIRT. ALL ATTENDEES AND SPECTATORS ARE REQUIRED TO SIGN A WAIVER BEFORE CLASS ONLINE @VERTICALVIEW.COM OR IN-PERSON UPON ARRIVAL.

TWO CLASSES AVAILABLE JUNE 3RD 2024

• KIDS KICKBOXING AND MODERN MARTIAL ARTS (45MIN) - AGES 8-12

• <u>4-4:45PM</u>

PER STUDENT

- A FUN BLEND OF KICKBOXING AND PRACTICAL SELF DEFENSE TECHNIQUES. INCLUDING COORDINATION AND BALANCE EXERCISES.
- ADULT BEGINNER KALI/MODERN ARNIS (45MIN) AGES 16+
 - <u>5-5:45PM</u>
 - A FOCUS ON KALI/ ARNIS, A FILIPINO MARTIAL ART THAT USES DOUBLE AND SINGLE STICKS AS SELF DEFENSE. HELPS WITH HAND EYE COORDINATION AND FITNESS.



VISIT DANIELSCOMBATIVEARTS.COM TO LEARN MORE DANIELSCOMBATIVE@GMAIL.COM FOLLOW ME ON INSTAGRAM! @TOMMY DANIELS STUNTS